







FEBRUARY

Dania Manor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>HAPPY VALENTINE'S DAY</p>		 <p>PINK SHIRT DAY LIFT EACH OTHER UP</p>	<p>1</p> <p>9:30 Pet Care/Helping Hands 10:15 Standing Exercise 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B.</p>	<p>2</p> <p>9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 1:00 Pet Therapy with Mochi 2:00 Walking program with staff 2:00 Bingo</p>	<p>3</p> <p>6:00 Movie Night</p>	
<p>4</p> <p>6:30 Pub Night with Mike E.</p>	<p>5</p> <p>9:30 Pet Care/Helping Hands 10:15 Exercise 1:00 Bingo 2:00 Decoration Committee "Chinese New Year" 2:00 Walking Program with staff</p>	<p>6</p> <p>9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 & 12:15 Meal Assist 1:15 Walmart Outing 2:00 Walking Program with staff</p>	<p>7</p> <p>9:30 Pet Care/Helping Hands 10:00 Chair Yoga with Cathryn 1:00 Card Games 2:00 Walking Program with staff 2:00 Resident Showcase</p>	<p>8</p> <p>9:30 Pet Care/Helping Hands 10:15 Standing Exercise 1:00 Big Crossword Puzzle 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B.</p>	<p>9</p> <p>9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 1:00 Pet Therapy with Mochi 2:00 Walking program with staff 2:00 Bingo</p>	<p>10</p> <p>10:00 Armchair Travel-China 6:30 Erhu Music Night with Jirong Huang Happy Birthday Alfonso F.!!!</p>
<p>11</p> <p>Super Bowl LVIII</p>  <p>3:30 Super Bowl 2024</p>	<p>12</p> <p>9:30 Pet Care/Helping Hands 10:15 Exercise 1:00 Bingo 2:00 Creative Corner: "Valentine Cards" 2:00 Walking Program with staff</p>	<p>13</p> <p>9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:15 Bowling Outing with Dania Home 2:00 Walking Program with staff</p>	<p>14</p> <p>9:30 Pet Care/Helping Hands 10:00 Osteofit 1:00 Table Games 2:00 Walking Program with staff 2:00 Blast of Love & Birthday Social with Steel Drummer Mike L. 5:00 Couples Cupid Dinner at Dania Home</p>	<p>15</p> <p>9:30 Pet Care/Helping Hands 10:00 Lutheran Service 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B.</p>	<p>16</p> <p>9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 1:00 Bingo 2:00 Walking program with staff 2:00 Chicken & Chats Happy Birthday Barbara H.!!!</p>	<p>17</p> <p>10:15 Chinese Opera Performance at Dania Home</p>
<p>18</p> <p>10:00 Bible Study with John P. at Dania Home 2:00 Canada National Folk Arts Society Performance</p>	<p>19</p> <p>BC Family Day</p>  <p>5:00 Love & Togetherness Family Dinner with Brian Z. at Dania Home</p>	<p>20</p> <p>9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 1:15 Scenic Drive 2:00 Walking Program with staff</p>	<p>21</p> <p>9:30 Pet Care/Helping Hands 10:00 Chair Yoga with Cathryn 1:00 Table Games 2:00 Walking Program with staff 2:00 Bowling</p>	<p>22</p> <p>9:30 Pet Care/Helping Hands 10:15 Standing Exercise 1:00 Big Crossword Puzzle 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 6:00 Pet Therapy with Sundae</p>	<p>23</p> <p>8:30 Breakfast Club 9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 1:00 Bingo 2:00 Walking program with staff 2:00 Art Class with Gigi</p>	<p>24</p> <p>6:00 Movie Night</p>
<p>25</p> <p>1:30 Games and Music with Jennifer & Family</p>	<p>26</p> <p>9:30 Pet Care/Helping Hands 10:15 Exercise 1:00 Bingo 2:00 Afternoon Waffle Delight 2:00 Walking Program with staff 6:30 Live Music with Niki K.</p>	<p>27</p> <p>9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 Lunch Outing 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist</p>	<p>28</p> <p>Pink Shirt Day</p> <p>9:30 Pet Care/Helping Hands 10:15 Osteofit 1:15 Chef Club 1:30 Resident Council Meeting 2:00 Walking Program with staff Happy Birthday Ellen N.!!! Happy Birthday Gary G.!!!</p>	<p>29</p> <p>9:30 Pet Care/Helping Hands 10:15 Standing Exercise 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B.</p>	 <p>Lunar New Year 2024</p>	

Activity programs may be subject to change, re-schedule or cancellation