




Bus Trips and Activity Programs are subject to change or reschedule.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Morning Visits 10:15 Active Fitness 11:15 Mental Aerobics 2:30 LAX Birthday Social with Mike K. 4:00 Helping Hands	2 9:30 Coffee Chat 10:15 Chinese Fellowship 11:15 Pet Therapy 1:00 Launch Party: Reduction of Anti-Psychotics Medication 4:00 Friendly Visit	3 9:30 Morning Chat 10:30 Music Therapy-Christensen 10:30 Range of Motion Exercise 3:30 Music Therapy-Andersen	4 9:30 Hallway Walks 10:00 Chair Exercise 11:00 Pet Care/ Pet Therapy 1:15 Scenic Drive 4:00 Music & Hand Massage
5 9:15 Walking Program 10:30 Active Games 11:15 Music & Hand Massage 2:30 Afternoon Concert: Canada YC Music Academy 4:00 Nail Care	6 9:30 Morning Chat 10:15 Active Fitness 11:15 Music & Hand Massage 2:30 Movie Matinee 4:15 Friendly Visit	7 9:30 Current Events 10:30 Bethesda Ministry 2:30 Bingo Game Social 4:00 Walking Program	8 9:30 Morning Visits 10:30 Celebration Of Life 2:30 Baker's Delight- Donut Time 4:00 Decoration Committee	9 9:30 Coffee Chat 10:15 Chinese Fellowship 11:00 Lunch Outing 4:00 Friendly Visit	10 9:30 Morning Chat 10:30 Music Therapy-Christensen 10:30 Range of Motion Exercise 1:00 Ground Breaking Ceremony 3:30 Music Therapy-Andersen 4:00 Helping hand	11 9:30 Hallway Walks 10:00 Chair Exercise 11:00 Pet Care/ Pet Therapy 2:30 Bingo 4:00 Music & Hand Massage 6:30 Saturday Live Music with Luigi T. (Mellow Guitar)
12 9:15 Walking Program 10:30 Active Games 11:15 Music & Hand Massage 3:00 Super Sunday Showdown Super Bowl Party 4:00 Nail Care	13 9:30 Morning Chat 10:15 Active Fitness 11:15 Music & Hand Massage 2:30 OMI Interactive table 4:15 Friendly Visit	14 9:30 Current Events 10:30 Bethesda Ministry 2:30 Blast of Love Social with Sangre Morena 4:00 Walking Program 5:00 Be My Cupid Couples Valentine Dinner	15 9:30 Morning Visits 10:15 Active Fitness 11:15 Mental Aerobics 2:30 Men's Club 4:00 Helping Hands	16 9:30 Coffee Chat 10:00 Catholic Service with Father Bede 11:15 Pet Therapy 2:30 OMI Interactive table 4:00 Friendly Visit	17 9:30 Morning Chat 10:30 Music Therapy-Christensen 10:30 Range of Motion Exercise 11:00 Resident Council Meeting 2:30 Domino 3:30 Music Therapy-Andersen	18 9:30 Hallway Walks 10:00 Bread making 11:00 Pet Care/ Pet Therapy 2:30 Afternoon Social and Bingo 4:00 Music & Hand Massage
19 9:15 Walking Program 10:30 Active Games 11:15 Music & Hand Massage 2:45 Bible Study with John P. 4:00 Nail Care	20 11:15 Helping Hands 2:30 OMI Interactive table 5:00 Mi Amore Family Dinner with Gianni F. & Gustavo H.	21 9:30 Current Events 10:30 Bethesda Ministry 2:30 Bingo Game Social 4:00 Walking Program	22 9:30 Morning Visits 10:15 Active Fitness 11:00 Lutheran Service 2:30 Anti-Bullying Day (Pink Shirt Day) 4:00 Helping Hands	23 9:30 Coffee Chat 10:15 Chinese Fellowship 11:00 Lunch Outing 4:00 Friendly Visit	24 8:30 Breakfast Club 2:30 Domino 4:00 Helping hand	25 9:30 Hallway Walks 10:00 Chair Exercise 11:00 Pet Care/ Pet Therapy 2:30 Bingo 4:00 Music & Hand Massage
26 9:15 Walking Program 10:30 Active Games 11:15 Music & Hand Massage 4:00 Nail Care 6:30 A Night of Music with Blake U.	27 9:30 Morning Chat 10:15 Active Fitness 11:15 Music & Hand Massage 2:30 Resident Showcase 4:15 Friendly Visit	28 9:30 Current Events 10:30 Active Games 2:30 Tacky Taco Tuesday 4:00 Walking Program				

