

# March 2024

## Dania Manor WEDNESDAY

*Activity Programs may be subject to change, re-schedule or cancellation*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>Happy St. Patrick's Day</p>				 <p>MARCH WINDS &amp; APRIL SHOWERS BRING MAY FLOWERS</p>		 <p>HELLO Spring</p>	
3	4	5	6	7	8	9	
	9:30 PET CARE/HELPING HANDS 10:15 EXERCISE 1:00 BINGO 2:00 LADDER BALL 2:00 WALKING PROGRAM WITH STAFF	9:30 PET CARE/HELPING HANDS 10:15 MOBILITY & FUN 12:45 WALMART OUTING 2:00 WALKING PROGRAM WITH STAFF	9:30 PET CARE/HELPING HANDS 10:00 CHAIR YOGA WITH CATHRYN 1:00 TABLE GAMES 2:00 WALKING PROGRAM WITH STAFF 2:00 BOWLING	9:30 PET CARE/HELPING HANDS 10:15 STANDING EXERCISE 1:00 WORLD GAMES 2:00 WALKING PROGRAM WITH STAFF 2:00 SING-A-LONG WITH BRIAN B.	9:30 PET CARE/HELPING HANDS 10:15 STRETCH, BEND & REACH 1:00 PET THERAPY WITH MOCHI 2:00 WALKING PROGRAM WITH STAFF 2:00 BINGO	6:30 MOVIE NIGHT	
10	11	12	13	14	15	16	
1:30 AFTERNOON CONCERT FROM SFU MINS  OSCARS 2024 4:00-7:00 PM	9:30 PET CARE/HELPING HANDS 10:15 EXERCISE 1:00 BINGO 2:00 DECORATION COMMITTEE- ST. PATRICK'S DAY 2:00 WALKING PROGRAM WITH STAFF	9:30 PET CARE/HELPING HANDS 10:15 MOBILITY & FUN 1:00 GOLF 2:00 WALKING PROGRAM WITH STAFF 2:00 BIRTHDAY SOCIAL WITH ALLEN B.	9:30 PET CARE/HELPING HANDS 10:00 OSTEOFIT 1:00 TABLE GAMES 2:00 WALKING PROGRAM WITH STAFF 2:00 BOWLING	9:30 PET CARE/HELPING HANDS 10:00 LUTHERAN SERVICE 1:00 WORLD GAMES 2:00 WALKING PROGRAM WITH STAFF 2:00 SING-A-LONG WITH BRIAN B.	9:30 PET CARE/HELPING HANDS 10:15 STRETCH, BEND & REACH 1:00 PET THERAPY WITH MOCHI 2:00 WALKING PROGRAM WITH STAFF 2:00 BINGO	6:30 MOVIE NIGHT	
17	18	19	20	21	22	23	
10:00 SIONNAINE IRISH DANCE ACADEMY AT DANIA HOME 1:30 SHAMROCK CELEBRATION WITH PRAIRIE (CELTIC FIDDLE) CHIKA (GUITAR)	9:30 PET CARE/HELPING HANDS 10:15 EXERCISE 1:00 BINGO 2:00 BEERS AND CHEERS BASH WITH PETE C. 2:00 WALKING PROGRAM WITH STAFF	9:30 PET CARE/HELPING HANDS 10:15 MOBILITY & FUN 1:15 SCENIC DRIVE 2:00 WALKING PROGRAM WITH STAFF 2:00 ARMCHAIR TRAVEL-IRELAND	9:30 PET CARE/HELPING HANDS 10:00 CHAIR YOGA WITH CATHRYN 1:00 TABLE GAMES 2:00 WALKING PROGRAM WITH STAFF 2:00 BOWLING	9:30 PET CARE/HELPING HANDS 10:15 STANDING EXERCISE 1:00 GOLF 2:00 WALKING PROGRAM WITH STAFF 2:00 SING-A-LONG WITH BRIAN B.	8:30 BREAKFAST CLUB 10:15 STRETCH, BEND & REACH 1:00 PET THERAPY WITH MOCHI 2:00 WALKING PROGRAM WITH STAFF 2:00 BINGO	6:30 MOVIE NIGHT	
24	25	26	27	28	29	30	
10:00 BIBLE STUDY WITH JOHN P. AT DANIA HOME 1:30 GAMES & MUSIC WITH JENNIFER & FAMILY	9:30 PET CARE/HELPING HANDS 10:15 EXERCISE 1:00 BINGO 2:00 WALKING PROGRAM WITH STAFF 2:00 AFTERNOON WAFFLE DELIGHT	9:30 PET CARE/HELPING HANDS 10:15 MOBILITY & FUN 1:15 LUNCH OUTING 1:30 MUSICAL PRESENTATION MELLOWDARES CHOIR. 2:00 WALKING PROGRAM WITH STAFF	9:30 PET CARE/HELPING HANDS 10:15 OSTEO-FIT 1:15 CHEF CLUB 1:30 RESIDENT COUNCIL MEETING 2:00 WALKING PROGRAM WITH STAFF	9:30 PET CARE/HELPING HANDS 10:15 STANDING EXERCISE 1:00 BINGO 2:00 WALKING PROGRAM WITH STAFF 2:00 SING-A-LONG WITH BRIAN B. 6:00 PET THERAPY WITH SUNDAE	9:30 PET CARE/HELPING HANDS 10:15 STRETCH, BEND & REACH 1:00 MOVIE MATINEE 2:00 WALKING PROGRAM WITH STAFF HAPPY BIRTHDAY PEI FANG Y. #	10:00 HYMN SINGS WITH SARAH & HELENA 6:30 MOVIE NIGHT	
31						2:30 VANCOUVER CHRISTIAN MUSIC ENSEMBLE EASTER CELEBRATION	