

# September 2024

*Activity Programs may be subject to change or cancellation*

## DANIA MANOR WEDNESDAY

1	2	3	4	5	6	7
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

  

1	2	3	4	5	6	7	
	  <i>Happy Birthday Charles W.!!!</i>	9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 1:00 Golf 2:00 Walking Program with staff 2:00 <b>Chicken wings and Chats</b>	9:30 Pet Care/Helping Hands 10:15 <b>Chair Yoga with Cathryn</b> 1:00 Domino 2:00 Walking Program with staff 2:00 Bowling	9:30 Pet Care/Helping Hands 10:15 Standing Exercise 1:00 Blackjack 2:00 Walking Program with staff 2:00 Bean Bag Toss	9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 1:00 Bingo 2:00 Walking program with staff 2:00 <b>Movie Matinee</b>	6:00 <b>Movie Night</b>	
	9:30 Pet Care/Helping Hands 10:15 Exercise 1:00 Bingo 2:00 Ping Pong Table 2:00 Walking Program with staff	9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 1:00 Golf 2:00 Walking Program with staff 2:00 <b>Birthday Social with Mike K.</b>	9:30 Pet Care/Helping Hands 10:15 Osteo-Fit 1:00 Domino 2:00 Walking Program with staff 2:00 Bowling	9:30 Pet Care/Helping Hands 10:15 Standing Exercise 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-along with Brian B.	9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 1:00 Bingo 2:00 Walking program with staff 2:00 Art Class with Gigi	6:00 <b>Movie Night</b>	
10:00 <b>Bible Study with John P at Dania Home</b>	9:30 Pet Care/Helping Hands 10:15 Exercise 1:00 Bingo 2:00 Ping Pong Table 2:00 Walking Program with staff 6:30 <b>Drive In Movie at Dania Parking lot</b>	9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 1:00 Golf 2:00 Walking Program with staff 2:00 <b>Banana Split Social</b>	9:30 Pet Care/Helping Hands 10:15 <b>Chair Yoga with Cathryn</b> 1:00 Domino 2:00 Walking Program with staff 2:00 Bowling	9:30 Pet Care/Helping Hands 10:30 <b>Lutheran Service with Pastor Carsten</b> 1:00 Blackjack 2:00 Walking Program with staff 2:00 Bean Bag Toss	9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 1:00 Bingo 2:00 Walking program with staff 2:00 <b>Afternoon Show: Terry Fox Documentary</b>	6:30 <b>1950's Music with Rob J.</b>	
1:30 <b>Games &amp; Music with Jennifer &amp; Family</b>	9:30 Pet Care/Helping Hands 10:15 Exercise 1:00 Bingo 2:00 Ping Pong Table 2:00 Walking Program with staff 6:30 <b>Music Nite with Yonathan</b>	9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 1:00 Golf 2:00 Walking Program with staff 2:00 <b>Grilled Cheese Social</b>	9:30 Pet Care/Helping Hands 10:15 Osteo-Fit 1:00 <b>FHA Virtual Health Info</b> 2:00 <b>Chef Club</b> 2:00 Walking Program with staff 2:15 <b>Resident Council Meeting</b>	9:30 Pet Care/Helping Hands 10:15 Standing Exercise 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-along with Brian B.	8:30 <b>Breakfast Club</b> 10:15 Strech, Bend & Reach 1:00 Bingo 2:00 Walking program with staff 2:00 Golf  <i>Happy Birthday Zelita C.!!!</i>	6:00 <b>Movie Night</b>	
10:30 <b>Hymns Sings with Sarah &amp; Helena</b>  2:00 <b>Pub Social with Pete C.</b>	9:30 Pet Care/Helping Hands 10:15 Exercise 1:00 Bingo 2:00 <b>National Day for Truth and Reconciliation Trivia</b> 2:00 Walking Program with staff	 <p style="text-align: center;"><b>National Day for Truth and Reconciliation</b></p> <p style="text-align: center;">Government of Canada / Gouvernement du Canada</p> <p style="text-align: center;">Canada</p>					
		<p><b>DESCRIPTION OF VISUAL ELEMENTS</b></p> <p>Among the various visual elements illustrating Indigenous cultures, the circle is at the center which represents being together in a spirit of reconciliation. The orange colour represents truth-telling and healing. The First Nations, Inuit and Métis are represented in the image.</p>		<p><b>The circle</b> represents being together in a spirit of reconciliation</p> <p><b>The stars</b> represents the children who never made it home from residential schools</p> <p><b>The beaded flower</b> representing Métis peoples</p> <p><b>The eagle</b> representing First Nations peoples</p> <p><b>The narwhal</b> representing the Inuit peoples</p> <p><b>The pathway</b> representing the Road to Reconciliation</p>			