


Bus Trips and Activity Programs are subject to change or reschedule.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:15 One to one Range of Motion Exercise 2:30 New Years Waffle Delight 4:15 Friendly Visit 6:00 5 Cards Bingo	2 9:30 Pet Care 10:30 Hymns Sing-a-long 2:30 Domino 4:15 Walking program	3 9:30 Morning Visits 10:15 Funball 11:15 Trivia 2:30 Movie Matinee 4:15 Helping Hands 6:00 Bingo Night with Bob	4 9:30 Coffee and Chat 10:15 Chinese Fellowship 11:00 Lunch Outing 4:15 Walking program	5 9:30 Morning Chat 10:30 Chair Exercise 2:30 Hot Chocolate Social 3:00 Music Therapy Group 4:15 Helping Hand	6 9:30 News N' Views 10:00 Fun N' Fitness 11:00 Pet Therapy 2:30 Bingo 4:00 Nail Spa
7 9:15 Walking Program 10:00 Balloon Toss 11:00 Virtual Sunday Gospel 2:30 Storytelling 4:00 Nail Care	8 11:15 One to one Range of Motion Exercise 2:30 Baker's Delight 4:15 Friendly Visit 6:00 Sing a-long	9 9:30 Pet Care 10:30 Bethesda Ministry 2:30 Domino 4:15 Walking program	10 9:30 Morning Visits 10:15 Funball 11:15 Trivia 2:30 LAX Birthday Social with Hand over Hearts 4:15 Helping Hands 6:00 Bingo Night with Bob	11 9:30 Coffee and Chat 10:15 Chinese Fellowship 11:15 Pet Care 2:30 Crossword Puzzle 4:15 Walking program	12 9:30 Morning Chat 10:30 Chair Exercise 11:30 Luncheon Program-Gourmet Pasta 3:00 Music Therapy Group 4:15 Helping Hand	13 9:30 News N' Views 10:00 Fun N' Fitness 11:00 Hymn Sings with Sarah & Helena-Andersen 1:15 Scenic Drive 2:30 Canada YC Music Academy
14 9:15 Walking Program 10:00 Balloon Toss 11:00 Virtual Sunday Gospel 2:30 Bowling Tournament Challenge 4:00 Nail Care	15 11:15 Program Set-up 2:30 5 Card Bingo 4:15 Friendly Visit 5:00 Winter Delight Family Dinner with Sandy F.	16 9:30 Pet Care 10:30 Bethesda Ministry 2:30 Domino 4:15 Walking program	17 9:30 Morning Visits 10:30 Celebration Of Life 2:30 Men's Club 4:15 Helping Hands 6:00 Bingo Night with Bob	18 9:30 Coffee and Chat 10:00 Catholic Service with Father Bede 11:15 Pet Care 2:30 Crossword Puzzle 4:15 Walking program	19 9:30 Morning Chat 10:30 Resident Council Meeting 2:30 Hot Chocolate Social 3:00 Music Therapy Group 4:15 Helping Hand	20 9:30 News N' Views 10:00 Fun N' Fitness 11:00 Pet Therapy 2:30 Bingo 4:00 Nail Spa
21 9:15 Walking Program 10:00 Bible Study with John P. 11:00 Virtual Sunday Gospel 2:30 Armchair Travel-Italy 4:00 Nail Care	22 11:15 One to one Range of Motion Exercise 2:30 Smile & Chuckles 4:15 Friendly Visit 6:00 Brain Teaser	23 8:30 Breakfast Club 11:15 Word Games 2:30 Domino	24 9:30 Morning Visits 10:15 Funball 2:30 Resident Showcase 4:15 Helping Hands 6:00 Bingo Night with Bob	25 9:30 Coffee and Chat 10:15 Chinese Fellowship 11:15 Pet Care 2:30 Crossword Puzzle 4:15 Walking program 6:00 Sing a long	26 9:30 Morning Chat 10:30 Chair Exercise 2:30 Hot Chocolate Social 3:00 Music Therapy Group 4:15 Helping Hand	27 9:30 News N' Views 10:00 Fun N' Fitness 11:00 Hymn Sings with Sarah & Helena-Christensen 2:30 Robbie Burns Social with Peter P. 4:00 Nail Spa
28 9:15 Walking Program 10:00 Balloon Toss 11:00 Virtual Sunday Gospel 2:30 Jackpot Bingo 4:00 Nail Care	29 11:15 One to one Range of Motion Exercise 2:30 5 Card Bingo 4:15 Friendly Visit 6:00 OMNI Interactive Table	30 9:30 Pet Care 10:30 Bethesda Ministry 1:15 Scenic Drive	31 9:30 Morning Visits 10:15 Funball 11:15 Trivia 2:30 Crazy Hair Day Social with Mike E. 4:15 Helping Hands 6:00 Bingo Night with Bob			

