

January 2023

Dania Manor

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
1		2	9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Password Plus 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	3	9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 & 12:15 Meal Assist 12:45 Walmart Outing 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	4	9:30 Pet Care/Helping Hands 10:30 Chair Yoga with Allison 11:30 & 12:15 Meal Assist 1:00 Bowling 2:00 Walking Program with staff 2:30 Table Games 4:30 & 5:15 Meal Assist	5	9:30 Pet Care/Helping Hands 10:15 Standing Exercise 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist <i>Happy Birthday Muriel M. !!!</i>	6	9:30 Pet Care/Helping Hands 10:15 Stretch, Bend & Reach 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Walking program with staff 2:00 Movie Matinee 4:30 & 5:15 Meal Assist	7	<i>6:30 Saturday live Music with Blake</i>		
8	<i>1:30 Snowflakes Craft Making and Card Games</i> <i>Happy Birthday Olga B.!!!</i>		9	9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Password Plus 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	10	9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 & 12:15 Meal Assist 1:00 Golf 2:00 Walking Program with staff 2:00 Birthday Social with Jason M. 4:30 & 5:15 Meal Assist <i>Happy Birthday Michael K. !!!</i>	11	9:30 Pet Care/Helping Hands 10:15 Osteo-Fit 11:30 & 12:15 Meal Assist 1:00 Bowling 2:00 Walking Program with staff 2:30 Table Games 4:30 & 5:15 Meal Assist	12	9:30 Pet Care/Helping Hands 10:15 Standing Exercise 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist 6:00 Pet Therapy Visit with Sundae	13	9:30 Pet Care/Helping Hands 10:15 Stretch, Bend & Reach 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Walking program with staff 2:00 Chicken Wings & Chats 4:30 & 5:15 Meal Assist <i>Happy Birthday Gladys R. !!!</i>	14	6:00 Movie Night	
15	<i>1:45 Bible Study with John P.</i>		16	9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Password Plus 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	17	9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 & 12:15 Meal Assist 1:15 Scenic Drive 1:30 Bethesda Ministry 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	18	9:30 Pet Care/Helping Hands 10:30 Chair Yoga with Allison 11:30 & 12:15 Meal Assist 1:00 Bowling 2:00 Walking Program with staff 2:30 Table Games 4:30 & 5:15 Meal Assist	19	9:30 Pet Care/Helping Hands 10:00 Lutheran Service 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist	20	8:30 Breakfast Club 10:15 Stretch, Bend & Reach 11:30 & 12:15 Meal Assist 1:00 Jackpot Bingo 2:00 Walking program with staff	21	<i>6:30 Saturday Live Music with Hand Over Hearts</i>	
22	<i>1:30 Dice Games and Balloon Stamping</i>		23	9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Password Plus 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	24	9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 Lunch Outing 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	25	9:30 Pet Care/Helping Hands 10:15 Osteo-Fit 11:30 & 12:15 Meal Assist 1:15 Chef Club 1:30 Resident Council Meeting 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	26	9:30 Pet Care/Helping Hands 10:15 Standing Exercise 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist 6:00 Pet Therapy Visit with Sundae	27	9:30 Pet Care/Helping Hands 10:15 Stretch, Bend & Reach 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Walking program with staff 2:00 Resident Showcase 4:30 & 5:15 Meal Assist	28	<i>Happy Birthday Barbara F. !!!</i>	
29		30	9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Password Plus 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist 6:30 A night of Music with Allen B.	31	9:30 Pet Care/Helping Hands 10:15 Stretch, Bend & Reach 11:30 Luncheon Program 2:00 Bingo 2:00 Walking program with staff 4:30 & 5:15 Meal Assist	 <p><i>Jack Frost nipping at your nose!</i></p>									