



Dania Home News

Issue Date: March 1, 2023

OUR MISSION:

At our community's campus of care, we excel in seniors housing and person-centered care for all, reflecting our Danish heritage.

OUR VISION:

Providing a loving and caring home.

OUR VALUES:

Excellence, Compassion, Diversity, Respect, Integrity

March Birthday Celebrants

- Robert C.** **March 18**
- Ami L.** **March 10**
- Ginette N.** **March 26**
- Helen S.** **March 16**
- Thi Kim T.** **March 15**



Around Dania Home Feb 2023

PIC-COLLAGE

SHAMROCK N' ROLL
WITH JON W.

FRIDAY, MARCH 17TH
2:30 PM AT FAMILY ROOM



Mickey Mouse
March Madness Day
March 29th

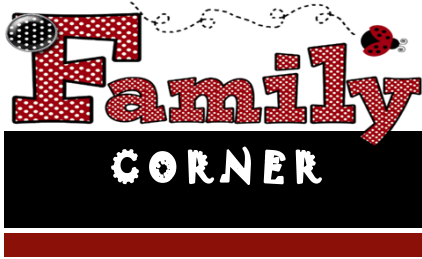
RESIDENT OF THE MONTH MARIA SOUSA



*Join us for showcase on
March 27, 2:30 PM,*

Dania is one of a few care homes in Canada to have earned Accreditation with Exemplary Standing from Accreditation Canada . Accreditation Canada certifies that Dania and its contractors meet the national standards of quality for health services set by the Council.





FAMILY
Council Meeting

Date: March 20, 2023
Time: 6:30 PM
Location: 2nd Fl. Board Room
(In-Person or Virtual)

RESIDENT
Council Meeting

Date: March 17, 2023
Time: 11:00 AM
Location: Family Room



Breaking Ground on Dania Seniors Affordable Housing Project
February 10, 2023

BORHOLM

THIS, EXOTIC, PART OF DENMARK WITH RUGGED CLIFFS AND BEAUTIFUL BEACHES WILL BE MORE ACCESSIBLE FROM 2023 THANKS TO THE LARGEST HIGH-SPEED FERRY IN THE WORLD, THE EXPRESS 5. THE SAILING ROUTE ENDS IN RØNNE ON BORNHOLM AND STARTS IN YSTAD IN SWEDEN - WHICH YOU CAN ALSO EASILY TRAVEL TO BY TRAIN FROM COPENHAGEN. UNTIL THEN, YOU CAN ALWAYS TAKE THE BOAT FROM KØGE (DENMARK), YSTAD (SWEDEN) OR SASSNITZ IN GERMANY. <https://www.visitdenmark.com/denmark/highlights/new-2023>



**FAS'SEA'NATING CARIBBEAN
FAMILY DINNER
WITH STEEL DRUMMER MIKE L.
MONDAY, MARCH 20TH
5:00 PM**

MENU:
Fish burger
Potato wedges
Creamy coleslaw with cranberries
Dessert: Pineapple upside down cake

To sign-up, please call hazel: (604) 292-8134 or
Email : hazelb@danial.bc.ca before March 15

\$15.00/Family member

FALL PREVENTION FOR THE ELDERLY

What to do if they fall

1. Stay calm and do not panic
2. Assess the situation & check for any injuries
3. If they wish to get up, help them get off the floor slowly
4. If at any point they are in pain or gets stuck, STOP
5. If they are unable to get up, call an ambulance



Main Causes

- Foot problems
- Environmental hazards
- Lack of exercise
- Side effects of medication
- Poor vision or hearing



Homage

Prevention Tips

- Keep moving and stay active
- Keep your bones strong
- Go for regular eye checkups
- Always stand up slowly
- Wear proper non-slip footwear
- Light up your living space
- Install assistive devices

...and more

