



# Dania Manor *News*

Issue Date: July 1, 2024

## OUR MISSION:

*At our community's campus of care, we excel in seniors housing and person-centered care for all, reflecting our Danish heritage.*

## OUR VISION:

*Providing a loving and caring home.*

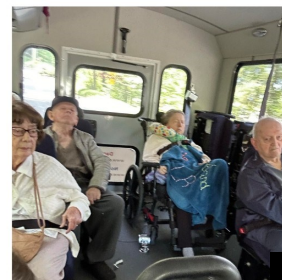
## OUR VALUES:

*Excellence, Compassion, Diversity, Respect, Integrity*

**JULY BIRTHDAY CELEBRANTS**

LORRAINE H.	JULY 19
JI-SOOK J.	JULY 21
JACEK W.	JULY 21
GEORGINA F.	JULY 30

*Happy Birthday*



**AROUND DANIA MANOR JUNE 2024**

**HAPPY CANADA DAY**  
1<sup>ST</sup> OF JULY

**CANADA DAY CELEBRATION**  
2:00 PM

**METRO SENIORS SWING BAND**  
JULY 5<sup>TH</sup>, 2:30 PM

**SOUNDS LIKE SUMMER**  
*Music for the Community*  
WED. JULY 17<sup>TH</sup>, 2:30 PM

Dania is one of a few care homes in Canada to have earned Accreditation with Exemplary Standing from Accreditation Canada . Accreditation Canada certifies that Dania and its contractors meet the national standards of quality for health services set by the Council.



# Family CORNER

SUMMER SPRINKLE  
FAMILY DINNER WITH JOHN P.

MONDAY, JULY 15TH

5:00 PM

### MENU:

BBQ PORK RIBS  
BAKED POTATO WITH SOUR CREAM  
MIX VEGETABLE  
DESSERT: APPLE CRISP

TO SIGN UP, KINDLY REACH OUT TO HAZEL AT  
HAZELB@DANIA.BC.CA/604-292-8134

\$15.00/FAMILY MEMBER

## Summer Safety Tips for Elderly

- ✓ Drink plenty of liquids
- ✓ Use sunscreens with SPF 30
- ✓ Use hats, umbrellas and shades to avoid excess heat
- ✓ Wear light colored and loose clothes
- ✓ Take showers
- ✓ Use sunglasses to prevent UV rays
- ✓ Avoid crowded places

# BEAT the HEAT



VisitDenmark

### GET TAN ON COPENHAGEN BEACHES

In July most people flock to Copenhagen's beaches to soak up the sunshine and enjoy the warm water, as the rest of the year the beaches are too cold. Here are the best beaches to visit!

#### AMAGER STRAND

This beach is located in the Amager Beach Maritime Park, nearby you can visit the suburb of Kastrup, Fort Kastrupfort, the marinas, the Plyssen Museum and the Public Aquarium of Denmark.

#### BRONDY STRAND

This paradise is hidden behind dunes and a park, but from here you can watch the sunset by the sea. <https://www.hellotickets.ca/denmark/copenhagen/copenhagen-in-july/sc-202-4478>

