

September 2022

DANIA MANOR

Activity Programs may be subject to change, re-schedule or cancellation

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 Pet Care/Helping Hands 10:15 Standing Exercise 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist	2 9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Walking program with staff 2:00 Movie Matinee 4:30 & 5:15 Meal Assist	3 6:00 Movie Night
4 	5 Labour Day 9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Password Plus 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist 6:30 A Night of Music with Steel Drummer Mike L.	6 9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 & 12:15 Meal Assist 1:15 Scenic Drive 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	7 9:30 Pet Care/Helping Hands 10:30 Super Hero Appreciation Day DH 11:30 & 12:15 Meal Assist 1:00 Bowling 2:00 Walking Program with staff 2:30 Nail Spa 4:30 & 5:15 Meal Assist	8 9:30 Pet Care/Helping Hands 10:15 Standing Exercise 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist 6:00 Pet Therapy Visit with Sundae	9 9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 11:30 End of Summer BBQ 2:00 Bingo 2:00 Walking program with staff 4:30 & 5:15 Meal Assist	10 10:30 Chair Yoga with Allison 6:00 Movie Night
11 	12 9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Polypharmacy Education 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist 3:30 Catholic Service Father Gary Franken DH	13 9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 & 12:15 Meal Assist 1:00 Golf 2:00 Walking Program with staff 2:00 Birthday Social with Lou A 4:30 & 5:15 Meal Assist	14 9:30 Pet Care/Helping Hands 10:15 Osteo-Fit 11:30 & 12:15 Meal Assist 1:00 Bowling 2:00 Walking Program with staff 2:30 Nail Spa 4:30 & 5:15 Meal Assist 6:00 Pet Therapy Visit with Sundae	15 9:30 Pet Care/Helping Hands 10:00 Lutheran Service 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist	16 9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Walking program with staff 2:00 Price is Right 4:30 & 5:15 Meal Assist	17 6:00 Movie Night
18 	19 9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Terry Fox Commemoration Day 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	20 9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 & 12:15 Meal Assist 12:45 Walmart Outing 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	21 9:30 Pet Care/Helping Hands 10:15 Osteo-Fit 11:30 & 12:15 Meal Assist 1:00 Bowling 2:00 Walking Program with staff 2:30 Nail Spa 4:30 & 5:15 Meal Assist	22 9:30 Pet Care/Helping Hands 10:15 Standing Exercise 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist 6:00 Pet Therapy Visit with Sundae	23 9:00 Breakfast Club 10:15 Strech, Bend & Reach 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Walking program with staff 2:00 Alice in Wonderland High Tea 4:30 & 5:15 Meal Assist	24 10:30 Chair Yoga with Allison 6:30 Saturday Night Music with Leo A.
25 	26 9:30 Pet Care/Helping Hands 10:15 Exercise 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Chicken Wings & chats 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist Happy Birthday Paul S. !!!	27 9:30 Pet Care/Helping Hands 10:15 Mobility & Fun 11:30 & 12:15 Meal Assist 1:15 Scenic Drive 2:00 Walking Program with staff 4:30 & 5:15 Meal Assist	28 9:30 Pet Care/Helping Hands 10:15 Osteo-Fit 11:30 & 12:15 Meal Assist 1:15 Chef Club 1:30 Resident Council Meeting 2:00 Walking Program with staff 2:30 Nail Spa 4:30 & 5:15 Meal Assist	29 9:30 Pet Care/Helping Hands 10:15 Standing Exercise 11:30 & 12:15 Meal Assist 1:00 Word Games 2:00 Walking Program with staff 2:00 Sing-a-long with Brian B. 4:30 & 5:15 Meal Assist 6:00 Pet Therapy Visit with Sundae Happy Birthday Leanne B. !!!	30 National Day For Truth and Reconciliation 9:30 Pet Care/Helping Hands 10:15 Strech, Bend & Reach 11:30 & 12:15 Meal Assist 1:00 Bingo 2:00 Walking program with staff 2:00 League of Nation Bowling Tournament 4:30 & 5:15 Meal Assist	