




September 2019

Dania Manor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Family Day	2 LABOUR DAY 11:00 Exercise 1:15 Full Card Bingo 6:30 Monday Music w/John Parsons	3 11:00 Mobility & Fun 1:15 Nail Spa 	4 9:00 Hairdresser 11:00 Exercise  1:00 Bethesda Service	5 10:15 Chinese Fellowship DH 11:00 Exercise 1:15 Bingo 	6 11:00 Exercise 1:15 Golf 2:00 Smoothie Social 	7 1:00 Scenic Drive  6:30 Movie Night
8 Family Day	9 11:00 Exercise 1:15 Full Card Bingo 	10 11:00 Mobility & Fun 1:30 Birthday Set-up 2:00 BIRTHDAY PARTY W/ LUIGI 	11 9:00 Hairdresser 11:00 Exercise 1:00 Bethesda Service	12 10:15 Chinese Fellowship DH 11:00 Yoga with Maureen 11:00 Walmart Outing Dania Home & Manor 	13 11:00 Exercise 1:15 Bingo 2:00 Ice Cream Social	14 1:00 Scenic Drive 2:30 Afternoon Social with Steve Warner DH 6:30 Movie Night
15 Family Day	16 11:00 Exercise 1:15 Full Card Bingo 6:30 Monday Music Moon Festival Dancing	17 10:45 Chef's Club 2:00 Manor Resident Council Meeting 1:15 Nail Spa <i>Happy Birthday Franjka P</i>	18 9:00 Hairdresser 11:00 Exercise 1:00 Bethesda Service 	19 10:15 Chinese Fellowship DH 11:00 Lutheran Service  1:15 Bingo	20 11:00 Exercise 1:15 Hole in One Golf  2:00 Smoothie Social	21 1:00 Scenic Drive 6:30 
22 Family Day	23 11:00 Exercise 1:15 Full Card Bingo	24 11:00 Mobility & Fun 1:15 Bowling 2:00 Ice Cream Social 	25 9:00 Hairdresser 11:00 Exercise 1:00 Bethesda Service	26 10:15 Chinese Fellowship DH 11:00 Yoga with Maureen 11:00 Walmart Outing Dania Home & Manor 5:00 Family Dinner DH <i>Happy Birthday Paul S</i>	27 11:00 Exercise 1:15 Bingo 2:00 Ice Cream Social 	28 1:00 Scenic Drive 2:00 MOON FESTIVAL DANCE DH 6:30 Movie Night
29 Family Day <i>Happy Birthday Leanne B</i> <i>Happy Birthday Noorali C</i>	30 11:00 Exercise 1:15 Full Card Bingo 6:30 Monday Music with Brian Zalo	THINK POSITIVELY EXERCISE DAILY EAT HEALTHY WORK HARD STAY STRONG WORRY LESS DANCE MORE LOVE OFTEN BE HAPPY		Chair Yoga 	 Ask yourself what is really important, and then have the wisdom and courage to build your life around your answer.	