











August 2019

Dania Manor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 		THINK POSITIVELY EXERCISE DAILY EAT HEALTHY WORK HARD STAY STRONG WORRY LESS DANCE MORE LOVE OFTEN BE HAPPY		1 10:15 Chinese Fellowship DH 11:00 Exercise 1:15 Bingo  <i>Happy Birthday Doris T.</i>	2 11:00 Exercise 1:15 Golf 2:00 Smoothie Social 	3 1:00 Scenic Drive 6:30 Movie Night 
4 1:30 Wellness Center Activity Lounge	5 BC DAY -  6:30 Music Night <i>w/Steve Warner</i>	6 11:00 Mobility & Fun 1:15 Nail Spa	7 9:00 Hairdresser 11:00 Exercise 1:00 Bethesda Service	8 10:15 Chinese Fellowship D 11:00 Yoga with Maureen 11:00 Walmart Outing Dania Home & Manor	9 11:00 Exercise 1:15 Bingo 2:00 Ice Cream Social	10 1:00 Scenic Drive 2:30 Party with John Parsons DH 6:30 Movie Night <i>Happy Birthday Gladys M.</i>
11 1:30 Wellness Center Activity Lounge	12 10:30 Bethesda Ministry DH 11:00 Exercise 1:15 Full Card Bingo	13 11:00 Mobility & Fun 1:30 Birthday Set-up 2:00 BIRTHDAY SOCIAL W/ ALLEN B 	14 9:00 Hairdresser 11:00 Exercise 1:00 Bethesda Service	15 10:15 Chinese Fellowship D 11:00 Exercise 1:15 Bingo 	16 11:00 Exercise 1:15 Hole in One Golf 2:00 Smoothie Social 	17 1:00 Scenic Drive 6:30 Movie Night 
18 1:30 Wellness Center Activity Lounge	19 11:00 Exercise 1:15 Full Card Bingo 6:30 Monday Music w/ Peter Paulus	20 11:00 Chef's Club 1:15 Nail Spa 2:00 Bowling 	21 9:00 Hairdresser 11:00 Exercise 1:00 Bethesda Service 2:00 Manor Resident Council Meeting	22 10:15 Chinese Fellowship D 11:00 Yoga with Maureen 11:00 Walmart Outing Dania Home & Manor	23 11:00 Exercise 1:15 Bingo 2:00 Ice Cream Social	24 1:00 Scenic Drive 2:30 SUMMER PARTY WITH CHERELLE DH 6:30 Movie Night
25 1:30 Wellness Center Activity Lounge	26 10:30 Bethesda Ministry DH 11:00 Exercise 1:15 Full Card Bingo	27 11:00 Mobility & Fun 1:15 Bowling 2:00 Ice Cream Social	28 9:00 Hairdresser 11:00 Exercise 1:15 Lucky 7	29 10:15 Chinese Fellowship DH 11:00 Mobility & Fun 1:15 Bingo	30 11:00 Exercise 1:15 Golf 2:00 Smoothie Social	31 1:00 Scenic Drive 6:30 Movie Night 